

Lauralyn has been professionally counseling since 1989.

Her holistic healing practice has included pastoral and bereavement counseling, Akashic Record Consultations, Healing Touch, Reiki, massage, astrology, past-life therapy, hypnosis and integrative breath work.

Through her sensitive and intuitive listening skills, she guides you through a personalized process of transformation. She allows you to discover your true higher and expanded self.

At this time, Lauralyn's focus is a blend of Akashic Consultations, astrology and energy balancing to guide you on your journey.

When you work with her, you will find a place of safety, trust and comfort to support your evolution of growth and wholeness.

Lauralyn also teaches and facilitates workshops and classes in the US as well as abroad. Her greatest joy is assisting others in learning to access their own Akashic Records.

*Sessions available in Miami, Florida USA and by telephone. PLEASE CALL Lauralyn at +1 305 285 3227 or +1 786 351 5975 to make an appointment. If it is not possible to call, use the [contact form](#). [Classes offered](#).*

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